# **2019 CAREGIVER CONNECTION**



"Caregiver Connection is a safe place to be surrounded by people who understand what I'm dealing with and how I feel in good times and in troubling times. I am pampered for an hour with good friends, good conversation, and good desserts."

- Caregiver Connection Participant

Ohio's Hospice of Miami County is extending a helping hand to those who currently are caregivers. Caregiver Connection is a program of support and sharing for those caring for a loved one. The program is offered the 2nd and the 4th Thursday of the month and is open to all community members.

Caregiver Connection provides

ideas, tips and encouragement along with insights into how to handle the challenges of caregiving. It serves as a support group and offers a safe place to ask questions and speak openly about the challenges of caregiving. Volunteers and representatives of the hospice staff provide information and assist.

### For more information contact Beth Shrake, Volunteer Coordinator | 937.573.2115 eshrake@hospiceofmiamicounty.org

## When & Where:

2019 First Quarter Sessions | 2-3 pm

January 10 & 24 February 14 & 28 March 14 & 28 Troy-Miami County Public Library 419 W. Main St., Troy

#### Second Quarter Sessions | 2-3 pm

April 11 & 25 May 9 & 23 June 13 & 27 Zion Lutheran Church 14 West Main St., Tipp City (enter via the parking lot doors off Walnut St.)

#### Third Quarter Sessions | 2-3 pm

July 11 & 25 August 8 & 22 September 12 & 26 First Lutheran Church 2899 W. Main Street, Troy

#### Fourth Quarter Sessions | 2-3 pm

October 10 & 24 November 14 No meeting November 28 due to Thanksgiving. December 12 & 26

Upper Room Worship Center 648 N. Hyatt, Tipp City



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